



AQUATICS

Sept 15, 2021

RE: Aquatic School Booking Package

To Whom It May Concern:

The City of Prince George Aquatics would like to provide opportunities for school children to enjoy healthy recreational activities at the pool, where children learn how to swim, be safe and have fun in a water environment.

Please take time to review this Aquatic School Package and distribute to your school faculty. The fillable request form is available on our website princegeorge.ca/aquatics – Pool Rentals and Group Bookings.

Enclosed in your package are the following:

- Recreation swim details
- Swimming lesson details

Please do not hesitate to contact me should you have further questions.

Sincerely,

Debbie Schlick

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AQUATICS

School Swim Package Aquatic Division **2021/2022**

School Swim Guidelines

To ensure a safe positive experience for students, please be advised of the following guidelines:

- Supervision in the change rooms is recommended to monitor student behavior.
- Teachers that would like a pool safety talk for their students from the lifeguard may inform the front desk staff upon arrival. Once children are changed, please direct students to sit on the bleachers adjacent to the pool where the lifeguard will review facility pool rules
- Children's Admission Policy
 - **Red Wrist Band**
 - Children 6 years and under **MUST** be accompanied and closely supervised within arm's reach by a responsible person 16 years and older. A lifejacket is required for non-swimmers when swimming past chest deep water. A maximum of 3 children per responsible person 16 years and older is required. A Red band is recommended for adults who are non-swimmers.
 - **Yellow Wrist Band**
 - Children 7-9 years who cannot swim comfortably in deep water must remain in shallow water. A lifejacket is required when swimming past chest deep water.
 - **Green Wrist Band**
 - Children 7-9 years who can swim comfortably in deep water or completion of Swim Kids Level 5 or greater.
 - **If unsure of your swimming ability, ask the lifeguard for a swim test.**
 - **Children 7-9 years must be accompanied by a responsible person 16 years and older unless able to meet the swimming requirement for a Green Wrist Band.**
- Hot tub, steam room and sauna: Children under 10 years of age must be accompanied by a responsible person 16 years of age or older. **During school group visits, a maximum of 8 students 10 and over in the hot tub at a time.**
- Diving Board/Tower Guidelines
 - Lifejackets may be worn on the 1m diving board
 - **Access to the 3 metre diving board and towers are limited to individuals a minimum of 13 years of age, measuring at least 1.35 metres (4 ft. 4 inches) in height.**
- To minimize potential theft or loss, the purchase of a locker is recommended. The City of Prince George is not responsible for theft or lost belongings. \$.35 for a small locker and \$.70 for a large locker.
- Please be aware that public and other organized groups may be sharing the pool facilities at the same time your school activity is occurring.

- Students in lessons will be divided into classes according to their swimming ability.
- On the third day of lessons each child will receive a form to notify parents of which level their child is swimming in.
- Class levels may be combined depending on the variety of skill levels and number of students.
- Please arrive 10 minutes prior to your scheduled recreational swim and/or swim lesson time.
- Schools must arrange their own transportation.



Swim Package Options

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	Recreation Swim <i>Aquatic Centre</i>	Red Cross Swimming Lessons <i>Aquatic Centre</i>	Lifesaving Society (Swim to Survive) <i>Aquatic Centre/Four Seasons</i>
Description	<p>Recreational swims are unstructured pool time for students to explore the fun features our facilities have to offer.</p> <p>A half hour aquafit class may be booked in conjunction with your recreation swim upon request.</p> <p>Aquafit is subject to instructor availability. An additional aquafit instructor charge is applied on top of the school admission fee.</p>	<p>This program consists of levels 1 – 10. Students are instructed and evaluated to the Red Cross standards focusing on swimming strokes and water safety. All participants receive a Red Cross booklet and badge on the last lesson.</p> <p>Each session consists of a half hour lesson and half hour free time. Lesson sets range between 6 and 10 lessons. <i>Swimming lessons are confirmed in order received.</i></p>	<p>Swim to Survive is an important first step to being safe around water. Children in this program will have the opportunity to learn about self rescue and develop the skills necessary to survive an unexpected fall into deep water. Three one hour lessons are provided in this program.</p> <p><i>Swim to Survive lessons take place on Friday only.</i></p>
Number of Sessions	May book single recreation swims or multiple recreation swims.	6 – 10 lessons (see attached lesson dates). Each lesson consists of a half hour swim lesson and a half our recreation swim.	3 Sessions (1 hour each) Recreation swimming before or after lessons requires a separate request.
Fee	Youth - \$5.36 Child - \$3.57 <i>Aquafit \$19.87 + rec. swim fee.</i> <i>Toonie rate does not apply to group bookings</i>	<p style="text-align: center;">Per Student Fee:</p> 6 Lessons: \$34.20 9 Lessons: \$51.30 7 Lessons: \$39.90 10 Lessons: \$57.00 8 Lessons: \$45.60 Note: An additional class lifeguard fee is applied per lesson: \$39.74	<p>Per Student Fee:</p> <ul style="list-style-type: none"> • 3 Lessons \$34.20 Note: swimming before or after lessons require an additional recreation swim fee.
<i>Locker Tokens may be pre-purchased to ensure minimal delays upon arrival at the pool: Aquatic Centre \$.35 small \$.70 large</i>			
Booking Deadline	Bookings are processed in date order received. Early notice increases our ability to meet your requests. Flexible payment options are available (cheque, VISA/Master Card, invoice or cash).		

Complete the online application form for all bookings. Visit: princegeorge.ca/aquatics A confirmation of the booking will be e-mailed

Recreation Swims are available 10:00am-3:00pm

Swimming lessons are available 11:00-12:00 or 1:00-2:00

Lesson Dates for 2021/2022 are listed below

Subject to change

Day	Start	End	# of Lessons
Monday/Wednesday <i>No lesson: Jan 31 NID Feb 21 Stat Feb 28 NID</i>	Oct 13 Nov 15 Jan 3 Feb 7	Nov 10 Dec 15 Feb 2 March 9	9 10 9 8
Tuesday/Thursday <i>No lesson: Nov 11 Stat</i>	Oct 12 Nov 16 Jan 4 Feb 8	Nov 9 Dec 16 Feb 3 March 10	9 10 10 10
Friday (only) <i>No lesson: Jan 31 NID</i>	Jan 7	Mar 11	10
Spring Break March 12-March 27			
Monday/Wednesday <i>No lesson: April 18 Stat May Stat</i>	Mar 28 May 1 May 30	April 29 May 25 June 22	9 7 8
Tuesday/Thursday	Mar 29 May 2 May 31	April 28 May 26 June 23	10 8 8
Friday (only) <i>No lesson: April 15 Stat April 29 Non-Instructional Day</i>	Jan 7 April 1	March 4 June 3	9 8