



# Proclamation

## NATIONAL CHILDREN'S GRIEF AWARENESS DAY

*Whereas:* Rainbows For All Children Canada fosters emotional healing among children grieving a loss from a life altering crisis; and

*Whereas:* the purpose of Children's Grief Awareness Day is to increase awareness of the long-lasting impact loss has on children and how to provide continual support for them; and

*Whereas:* grieving children need the support of loving listeners who will validate their feelings, help them understand the pain they are experiencing, and guide them through the healing process; and

*Whereas:* without support to lessen their heartache and worry, children are more vulnerable to significant mental and physical challenges including depression, anxiety disorders, loneliness, self-harm, and substance abuse; and

*Whereas:* Children's Grief Awareness Day is an opportunity to show grieving children we care about them, and they are not alone in their fight to calm the storms in their life.

Now therefore, as Mayor of the City of Prince George,  
I proclaim that **November 16, 2023**  
be observed as: "**National Children's Grief Awareness Day**" in the City of Prince George.

Mayor Simon Yu  
City of Prince George